

# Resources For Youth Experiencing Homelessness

## Youth Empowerment & Support Services

[www.yess.org](http://www.yess.org)

9310-82 Avenue  
Edmonton, AB  
Phone: 780-468-7070



"To walk beside youth on their journey to healing and community integration"

## Armoury Resource Centre

[www.yess.org](http://www.yess.org)

10310-85 Avenue  
Edmonton, AB  
Phone: 780-468-7186



Meals, Laundry, Showers, Clothing, Hygiene items  
Medical Care, Bus Passes Programming

## Nexus Overnight Shelter 24/7

[www.yess.org](http://www.yess.org)

9310-82 Avenue  
Edmonton, AB  
Phone: 780-468-7070



Overnight & Day Shelter. Temporary Supportive Housing, Individual Supports & Referrals, Counseling

## Boyle Street Community Services/Youth Unit

[www.boylestreet.org](http://www.boylestreet.org)

10116-105 Avenue  
Edmonton, AB  
Phone: 780-424-4106



Services and Support to Street involved Youth  
Ages 16 - 26 yrs

## Homeward Trust Edmonton

[www.homewardtrust.ca](http://www.homewardtrust.ca)

10242-105 Street  
Edmonton, AB  
Phone: 780-496-2630



Meals, Laundry, Showers, Clothing, Hygiene items  
Medical Care, Bus Passes Programming

## Hope Mission - Emergency Shelter

[www.hopemission.com](http://www.hopemission.com)

9908-106 Ave  
Edmonton, AB  
Phone: 780-422-2018



Overnight & Day Shelter. Temporary Supportive Housing, Individual Supports & Referrals, Counseling

## Youth Outreach and Advocacy

### Bent Arrow Tradition Healing Society

[www.bentarrow.ca](http://www.bentarrow.ca)

11648-85 Street  
Edmonton, AB  
Phone: 780-481-3451



Support for Indigenous Youth Adults & Families,  
Housing Supports, Employment (youth program),  
Cultural Connections

### Boys & Girls Clubs - Big Brothers/Big Sisters

[www.bgcbigs.ca](http://www.bgcbigs.ca)

Edmonton, AB  
Phone: 780-424-8181



Safe Spaces, Positive Relationships, Opportunities  
to Develop Personal Strengths and Interpersonal  
Skills

### Old Strathcona Youth Society

[www.osys.ca](http://www.osys.ca)

10325-83 Avenue  
Edmonton, AB  
Phone: 780-496-5947



Housing Information & Referrals. Harm Reduction  
Services. Food/Hygiene - Basic needs. AHS Nurses  
available by appt. Legal Services, Employment help.

### Edmonton John Howard Society - (EJHS)

[www.johnhoward.org](http://www.johnhoward.org)

10010-105 Street NW  
Edmonton, AB  
Phone: 780-428-7590



Housing Options, Counseling, Drug Treatment  
Domestic Violence Prevention to Young People

### Alberta Native Friendship Centre

[www.Anfca.com](http://www.Anfca.com)

10336 - 121 Street NW  
Edmonton, AB  
Phone: 780-423-3138



Youth and Elders Gathering  
Rise up: empowering Urban Indigenous Youth,  
Alberta Aboriginal youth council

### CHEW Project

[www.chewprojectyeg](http://www.chewprojectyeg)

11725 Jasper Avenue  
Edmonton, AB  
Phone: 780-492-3740



Project to help 2SLGBTQIA+ Youth Facing  
Barriers and Provide Health Related Supports

### IHuman Youth Society

[www.ihuman.org](http://www.ihuman.org)

9635-102a Avenue  
Edmonton, AB  
Phone: 780-421-8811



Outreach Services: Addictions, Youth and Social Workers. Systems Navigation  
for Housing, Mental Health, Justice, Financial Assistance. Mental Health Clinic.  
Hygiene Items

### Edmonton Mennonite Centre For Newcomers

[www.emcn.ab.ca](http://www.emcn.ab.ca)

10170-112 Street NW  
Edmonton, AB  
Phone: 780-424-7709



EMCN Youth Programs Provide Support, Employment, Education,  
Education, Community Connection & Mental Health Support for  
Newcomers.

### YOUCAN Youth Services

[www.youcan.ca](http://www.youcan.ca)

11124-130 Street  
Edmonton, AB  
Phone: 780-444-3348



Providing Relentless Outreach to Vulnerable  
Youth, along with Pre-employment Training and  
Experience.

### Kid's Help Phone

[www.kidshelpphone](http://www.kidshelpphone)

Phone: 1-800-668-6868  
Text: 686868



Kids Help Phone is a Canadian charitable organization that provides online and telephone counselling  
and volunteer-led, text-based support in English and French to youth across Canada. Kids Help Phone  
also provides information on how to access community support services for youth. Youth Crisis and  
Mental Support Line

### African Centre

[www.Africancentre.ca](http://www.Africancentre.ca)

6770 - 129 Avenue #106  
Edmonton, AB  
Phone: 780-455-5423 Ext 200



Programs that create opportunities for access and full participation  
of youth from the African community in all aspects of society

### WrapEd

[www.reachedmonton.ca/initiatives/wraped/](http://www.reachedmonton.ca/initiatives/wraped/)

10025-106 Street  
Suite #901 - Baker Centre  
Edmonton, AB  
Phone: 780-498-1231



Strength based Support, Prevention and Intervention to Youth Affected by  
High-Risk Lifestyles who want to begin a new Healthy Journey. 12-24 years  
old who are at risk of joining gangs or involved in gangs

# Youth Outreach and Advocacy

**Office of the Child and Youth Advocate Alberta (ocya)**  
www.ca.information@OCYA.alberta.ca

9925-109 StreetNW #600  
Edmonton, AB  
Phone: 780-422-6056



The OCYA provides individual and systemic advocacy for children and youth receiving "designated services" as defined under the Child and Youth Advocate Act

**Gateway Association**  
www.gatewayassociation.ca

10941-120 Street NW #201  
Edmonton, AB  
Phone: 780-454-0701



Employment, Family, learning resources for anyone with a disability. Access and navigation funding systems

**Native Counselling Services of Alberta**  
www.ncsa.ca/programs

14904-121a Avenue  
Edmonton, AB  
Phone: 780-451-4002



Court support, family reconciliation, Residential school health Support



**YMCA Youth Transitions Program (YTP)**  
https://ymcanab.ca/programs/learning-leadership-employment/youth-young-adults

Edmonton, AB

YMCA Youth Transitions Program (YTP) is a free service focused on providing support to youth aged 13-19 who are facing barriers in their lives. These barriers could be related to school, employment, peers, family, housing or addictions.

**Youth Space**

www.Youthspace.ca (Online Chat Available)

**youthspace.ca**

Crisis and Mental Health Support Line for Youth

1 Sir Winston Churchill Square  
Edmonton, AB  
Phone: 780-413-8060  
Email: catering@hallway.cafe

**The Hallway Cafe**  
www.info@hallway.cafe



Program offers Education, Support & Employment for Youth Identified as At Risk. Participants can also attend Fresh Start School a 17 Week Program. They will gain valuable work experience in a real cafe under Direction of Professional Chefs

**Catholic Social Services**  
Fetal Alcohol Spectrum Disorder Support  
www.cssalberta.ca/Our-Services/  
Fetal-Alcohol-Spectrum-Disorder-Support



11823-139 Street  
Edmonton, AB  
Phone: 780-471-1122

PDD, income support, employment programs, housing programs, Assessment, family school wellness, respite, McDaniel Youth program (14 to 21 years old who have been diagnosed with Fetal Alcohol Spectrum Disorder)

## Youth Mental Health and Addiction Support

**Alberta Health Services – Youth Addiction Services**

11634 - 142 Street Suite #300  
Edmonton, AB  
Phone: 780-408-8783



Providing substance use screening, assessment, individual and family counselling and referral services to treatment programs

**Rutherford Health Centre – Outpatient Services**

11153 Ellerslie Road  
Edmonton, AB  
Phone: 780-342-6850



Outpatient counsellors provide intake, assessment, individual & group counselling & make referrals to the continuum of youth services and community agencies.

**CASA Child, Adolescent and Family Mental Health**  
www.casaservices.org

10011-109 St #406  
Edmonton, AB  
Phone: 780-400-2271



Provides programs and individual therapeutic support for youth mental health issues

**Access Open Minds**

www.YoungAdultServices@albertahealthservices.ca

6th Floor 9942-108 Street NW  
Edmonton, AB  
Phone: 780-887-9781



Walk-in service for young people aged 16-25 for mental health care and resources

**Children and Mental Health Crisis  
Mobile Response Team**

Edmonton, AB  
Phone: 780-407-1000

The Crisis Team offers immediate crisis support through the Crisis Line to children / youth, aged 5-17, and their care providers



**Thrive Teen Therapy**  
www.Thriveteens.ca

8711 - 50 Ave #201  
Edmonton, AB  
Phone: 587-480-7359

Sherwood Park and South Edmonton private therapeutic counselling specific to teens

**Alberta Virtual Opioid Dependency Program**  
www.vodp.ca

PO BOX 1000  
Ponoka, AB  
Phone: 403-783-7688



Easy access to addiction counselling and opioid dependency nursing

**Dreamcatchers Nature Assisted Therapy Association**  
info@dreamcatcherassociation.com

53044 RR213  
Ardrossan, AB  
Phone: 780-809-1047



Psychology Practice offering holistic approach to healing. Offers therapies to help children, youth and adults find healing, balance, and joy. 30 minutes east of Edmonton

**Canadian Mental Health Association**  
www.cmha.ca

10010 - 105 St #300  
Edmonton, AB  
Phone: 780-414-6300



Suicide prevention, Free supports and services, Overdose prevention, social supports

## Parental & Family Support

**Parents Empowering Parents Society - (PEPS)**  
www.pepsociety.ca

501 Festival Avenue #200  
Sherwood Park, AB  
Phone: 780-410-8516



Assist Families in Crisis with Pursuing Accessible, Effective Prevention, Intervention and Treatment of Drug Use and Addiction.

**Family Resource Networks**  
www.alberta.ca/family-resource-networks.aspx



Strengthening Parenting & Caregiving Knowledge Social Support, Problem-Solving Skills, Access to Community Supports and Resources, Improving Child and Youth Development

**The Family Centre**  
www.familycentre.org

9912-106 Street #20  
Edmonton, AB  
Phone: 780-900-6129



Provision of Counselling Supports for Families and Youth around Relationships, Parenting and Mental Health